

## Objectives of the training

The MOSAIC module for complex trauma specialization allows you to acquire all the neurophysiological, clinical and psychological bases of complex trauma and to learn the MOSAIC protocol for complex trauma...

### Day 1 :

- Reminder on MOSAIC reference
- Questions and Answers
- The clinic and neurophysiology of complex trauma
- Points of vigilance in complex trauma
- Attachment disorders
- Traumatic dissociation
- Beginning of the complex trauma protocol
- Polyvagal theory and polyvagal regulation

### Day 2 :

- Practical application of polyvagal regulation
- Ego states (or parts) and needs: theory and practice
- The center of gravity: theory and practice
- Completion of the complex trauma protocol
- Demonstration of the complex trauma protocol
- Questions and answers

### Day 3:

- Questions and answers
- Practice of the entire complex trauma protocol
- Experience feedback
- Questions and answers
- MCQ
- Evaluation of the training

#### TRAINER :

Dr Stéphanie KHALFA,  
Clinical psychologist, research  
fellow in Neuroscience

#### PUBLIC :

This course is aimed at  
psychiatrists, doctors,  
psychologists, psychotherapists,  
nurses, physiotherapists, midwives,  
specialized educators, social  
workers, psychopracitioners,  
coaches, sophrologists, etc.

#### PREREQUISITES :

Completion of the reference  
MOSAIC therapy module (4 days)  
and 1 day of supervision.

#### PEDAGOGICAL MEANS :

- Theoretical courses
- Practical exercises with 2 or 3  
participants
- Clinical demonstration
- Explanations on clinical cases

#### EVALUATION METHODS :

Continuous oral evaluation  
throughout the course, question  
and answer time, evaluation  
questionnaire, MCQ

#### DURATION:

21 hours over 3 days  
(time slot from 9:30 am to 5:30 pm)

#### RATE :

600.00 €

Face-to-face or video training  
according to the dates  
(see schedule on the website  
<https://therapiemosaic.com>)