

# VALIDATION PROCEDURE OF THE TRAINING "TO PRACTICE MOSAIC THERAPY IN THE HELPING RELATIONSHIP "

## DESCRIPTION OF THE VALIDATION PROCEDURE FOR THE COMPLETE COURSE

An evaluation panel and a validation panel will guarantee the validation procedure. validation procedure.

#### - Candidates

The training course consists in having participated in the following modules (19 days):

- MOSAIC Reference (simple trauma) (4 days)
- MOSAIC complex trauma (repeated trauma) (3 days)
- MOSAIC of Post Traumatic Stress Disorder Comorbidities:

   Anxiety disorders (generalized anxiety disorders, panic disorders, phobias) and
   Obsessive-compulsive disorders (3 days)
   Depressive disorders (2 days)
   Addictions (2 days)
- Supervisions, group practice exchanges (4 days)
- Individual supervision (5 hours)

In order to validate the application for the validation of "Practicing MOSAIC Therapy in the relationship, the candidate must justify of :

- 100% attendance during the training course
- 70% success in all the MCQs taken throughout the training course
- 45 sessions minimum of application of the MOSAIC therapy

Documents, tools or supports to be presented to the evaluation jury during the defense.

Expected documents :

- Written file (case study)
- PowerPoint presentation
- Written supports if necessary

#### - Validation procedure

A single evaluation test that combines three parts:

- Discussion with the jury and answers to questions on the written document
- Presentation of a case in which one of the specialization protocols was used
- Discussion with the jury and answers to questions concerning the on the chosen specialization protocol



• The oral presentation, either in person or remotely, lasts 1 hour and consists of 3 parts:

#### First part - 20 Minutes

Questions - Answers on the written document: for one of the 7 protocols, the candidate for one of the 7 protocols, the candidate must rely on the dialogues that took place with a patient during the practice of the MOSAIC Therapy and highlight : the practitioner's questions, the patient's responses, the empathetic the patient's responses, the empathetic reformulations performed, the reframing used, the tasks prescribed.

#### Part Two - 15 Minutes

Presentation of a patient's case in front of a board of examiners, for which one of the specialization protocols was used protocols was used, showing the symptomatic and strategic evolution over several sessions: - The choice of one of the specialization protocols according to the information gathered in the goal setting

- The time loop
- The chosen treatment strategy

### Part Three - 25 Minutes

Questions - Answers on the chosen specialization protocol.

The competences are validated and acquired in a definitive way.

Conditions for the physical delivery of the validation :

At the end of the deliberation of the validation jury, the results are communicated by email:

- Obtaining the validation
- Parchment with name and date
- Certificate of validation
- Validation booklet
- No validation obtained
- Validation booklet

The e-mail specifies the terms and conditions for requesting a retake (terms and conditions presented below)

Test accommodations are provided for people with disabilities (PSH) upon presentation of an RQTH certificate and available upon request of the detailed validation procedure. Recourse and treatment of dysfunctions are provided and are available on request available on request in the detailed validation procedure.

A complete validation document for "Practicing MOSAIC Therapy in the Helping Relationship" will be provided by writing to admin@therapiemosaic.com