

Objectives of the training

The MOSAIC Depression Specialization module provides an understanding of the neural circuitry involved in depression, the clinical and psychological basis of depression, and learning the MOSAIC protocol for depression.

Day 1:

- Reminder of the MOSAIC protocol
- Questions and answers
- Clinical and neurophysiology of depression
- Focus on self-esteem
- The MOSAIC protocol for depression

Day 2:

- Questions and answers
- Demonstration of the MOSAIC protocol for depression
- Group practices
- Feedback from experience
- MCQ
- Evaluation of the training

TRAINER :

Dr Stéphanie KHALFA,
Clinical psychologist, research
fellow in Neuroscience

PUBLIC :

This course is aimed at
psychiatrists, doctors,
psychologists, psychotherapists,
nurses, physiotherapists, midwives,
specialized educators, social
workers, psychopractioners,
coaches, sophrologists, etc.

PREREQUISITES :

Completion of the reference
MOSAIC therapy module (4 days)
and 1 day of supervision.

PEDAGOGICAL MEANS :

- Theoretical courses
- Practical exercises with 2 or 3
participants
- Clinical demonstration
- Explanations on clinical cases

EVALUATION METHODS :

Continuous oral evaluation
throughout the course, question
and answer time, evaluation
questionnaire, MCQ

DURATION:

14 hours over 2 days
(time slot from 9:30 am to 5:30 pm)

RATE :

400.00 €

Face-to-face or video training
according to the dates
(see schedule on the website
<https://therapiemosaic.com>)