

Objectives of the training

The MOSAIC module for complex trauma specialization allows you to acquire all the neurophysiological, clinical and psychological bases of complex trauma and to learn the MOSAIC protocol for complex trauma...

Day 1 :

- Reminder on MOSAIC reference
- Questions and Answers
- The clinic and neurophysiology of complex trauma
- Points of vigilance in complex trauma
- Attachment disorders
- Traumatic dissociation
- Beginning of the complex trauma protocol
- Polyvagal theory and polyvagal regulation

Day 2 :

- Practical application of polyvagal regulation
- Ego states (or parts) and needs: theory and practice
- The center of gravity: theory and practice
- Completion of the complex trauma protocol
- Demonstration of the complex trauma protocol
- Questions and answers

Day 3:

- Questions and answers
- Practice of the entire complex trauma protocol
- Experience feedback
- Questions and answers
- MCQ
- Evaluation of the training

TRAINER :

Dr Stéphanie KHALFA,
Clinical psychologist, research
fellow in Neuroscience

PUBLIC :

This course is aimed at
psychiatrists, doctors,
psychologists, psychotherapists,
nurses, physiotherapists, midwives,
specialized educators, social
workers, psychopractitioners,
coaches, sophrologists, etc.

PREREQUISITES :

Completion of the reference
MOSAIC therapy module (4 days)
and 1 day of supervision.

PEDAGOGICAL MEANS :

- Theoretical courses
- Practical exercises with 2 or 3
participants
- Clinical demonstration
- Explanations on clinical cases

EVALUATION METHODS :

Continuous oral evaluation
throughout the course, question
and answer time, evaluation
questionnaire, MCQ

DURATION:

21 hours over 3 days
(time slot from 9:30 am to 5:30 pm)

RATE :

600.00 €

Face-to-face or video training
according to the dates
(see schedule on the website
<https://therapiemosaic.com>)