

Objectives of the training

The MOSAIC Couple module provides an understanding of the main problems couples face (communication difficulties, sexual problems, traumas, etc.). This module also enables you to understand the brain mechanisms specific to couples, and to learn and practice the MOSAIC couple protocol and its strategic tasks.

Day 1 :

- The couple and its particularities
- Intimacy and relational needs
- Ordinary intimate violence
- Initial interview for the MOSAIC Couples protocol
- The therapist's posture
- Small-group practice
- Debriefing and Q&A

Day 2 :

- MOSAIC Couples protocol, continued
- Brain synchronization in couples
- Trauma and attachment disorders in couples
- Sexual difficulties in couples
- Protocol demonstration
- Small-group practice
- Debriefing and Q&A

Day 3 :

- MOSAIC Couple protocol, end
- Practice in small groups
- Debriefing and Q&A
- Protocol demonstration
- Strategic couple tasks
- Behavioral and sensory couple tasks
- Conclusion and evaluation of training

TRAINERS :

Dr Stéphanie KHALFA,

Clinical psychologist, research fellow in Neuroscience

Margot FRIED-FILLIOZAT,

Sex therapist, trainer, author

PUBLIC :

This course is aimed at psychiatrists, doctors, psychologists, psychotherapists, nurses, physiotherapists, midwives, specialized educators, social workers, psychopracitioners, coaches, sophrologists, etc.

PREREQUISITES :

Completion of the reference MOSAIC therapy module (4 days) and 1 day of supervision.

PEDAGOGICAL MEANS :

- Theoretical courses
- Practical exercises with 2 or 3 participants
- Clinical demonstration
- Explanations on clinical cases

EVALUATION METHODS :

Continuous oral evaluation throughout the course, question and answer time, evaluation questionnaire, MCQ

DURATION:

21 hours over 3 days
(time slot from 9:30 am to 5:30 pm)

RATE :

600.00 €

Face-to-face or video training according to the dates (see schedule on the website <https://therapiemosaic.com>)