

Training objectives

The MOSAIC depression module provides an understanding of the neural circuits involved in depression, the clinical and psychological basis of depression, and the MOSAIC protocol for depression.

Day 1:

- Review of the MOSAIC reference
- Q&A
- The clinic and neurophysiology of depression
- Focus on self-esteem
- The MOSAIC depression protocol

Day 2:

- Q&A
- Demonstration of the MOSAIC protocol for depression
- Group practice
- Experience feedback
- MCQS
- Training evaluation

TRAINER :

Dr Stéphanie KHALFA,
Clinical psychologist, research
fellow in Neuroscience

PUBLIC :

This course is aimed at
psychiatrists, doctors,
psychologists, psychotherapists,
nurses, physiotherapists, midwives,
specialized educators, social
workers, psychopractitioners,
coaches, sophrologists, etc.

PREREQUISITES :

Completion of the reference
MOSAIC therapy module (4 days)
and 1 day of supervision.

PEDAGOGICAL MEANS :

- Theoretical courses
- Practical exercises with 2 or 3 participants
- Clinical demonstration
- Explanations on clinical cases

EVALUATION METHODS :

Continuous oral evaluation
throughout the course, question
and answer time, evaluation
questionnaire, MCQ

DURATION:

14 hours over 2 days
(time slot from 9:30 am to 5:30 pm)

RATE :

440.00 €

Face-to-face or video training
according to the dates
(see schedule on the website
<https://therapiemosaic.com>)